

Psychiatry Hub

OCD and related disorders Quiz

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1) What is an obsession?

2) What is a compulsion?

3) What criteria must be met to make a diagnosis of OCD in addition to the presence of obsessions and compulsions?

a)

OR b)

4) Name some other disorders related to the OCD spectrum and describe what they are:

a)

b)

c)

d)

5) Name some conditions that are frequently co-morbid with OCD:

a)

b)

c)

d)

6) Name two first-line treatments for OCD.

a)

b)

7) What psychoeducation would be useful for OCD?

Reference: http://www.ocfoundation.org/uploadedFiles/WhatYouNeed_09.pdf